

**TOWERS DINING HALL**  
**Week 1**

sustainable • healthy • fresh



LUNCH	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Meat	Chicken Noodle Soup	Loaded Baked Potato Soup	Chicken Tortilla Soup	Turkey Vegetable Soup	New England Calm Chowder
Soup Vegetarian	Tomato Tortilla Soup	Vegetarian Chili	Harvest Vegetable Soup	Cream of Tomato Soup	Minestrone Soup
Grill	Hamburger on Bun Texas Toast Grill Cheese Cheese Burger Garden Burger French Fries	Hamburger on Bun Texas Toast Grill Cheese Cheese Burger Garden Burger French Fries	Hamburger on Bun Texas Toast Grill Cheese Cheese Burger Garden Burger French Fries	Hamburger on Bun Texas Toast Grill Cheese Cheese Burger Garden Burger French Fries	Hamburger on Bun Texas Toast Grill Cheese Cheese Burger Garden Burger French Fries
Grill Special	Eggplant Parmesan Sandwich	Grilled Ham and Cheeses Sandwich	Beef and Cheddar Sandwich	Buffalo Style Chicken Sandwich	Fish Sandwich
Entree Starch & Vegetable	Caesar Chicken Breast Four Cheese Baked Penne Rice Pilaf Peas and Carrots	Beef Gyro Cheese Ravioli Garlic Mashed Potatoes and Gravy Broccoli and Cauliflower	Chicken Fajitas Penne Pasta Mexican Rice Corn on The Cob	Southwestern Chicken Breast Tortellini Marinara Herb Roasted Potatoes Summer Squash	North Carolina BBQ Pork Loin Rigatoni with Roasted Tomatoes Sweet Potato Fries Green Beans
Pasta Station	Dip Your Own Pasta	Dip Your Own Pasta	Dip Your Own Pasta	Dip Your Own Pasta	Dip Your Own Pasta
Fresh Food Market	Organic Turkey Sandwich	Buffalo Chicken Breast	Vegetarian Burger	Antipasto Salad	Chicken Fajita Salad
Deli Specials	Taco Salad Wrap	Hot Meatball Wrap	Nachos	Chicken Caesar Wrap	Buffalo Chicken Wrap
Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
Pizza Special	Broccoli Cheddar Pizza	Hawaiian Pizza	Meat Lover's Pizza	Quattro Formagio Pizza	Buffalo Chicken Pizza
Asian Station	Szechuan Beef	Pork Vegetable Stir Fry	Kung Pao Chicken	Beef Stir Fry	Chicken with Garlic Sauce

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DINNER	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Meat	Chicken Noodle Soup	Loaded Baked Potato Soup	Chicken Tortilla Soup	Turkey Vegetable Soup	CLOSED
Soup Vegetarian	Tomato Tortilla Soup	Vegetarian Chili	Harvest Vegetable Soup	Cream of Tomato Soup	
Grill	Hamburger on Bun Texas Toast Grill Cheese Cheese Burger Garden Burger French Fries	Hamburger on Bun Texas Toast Grill Cheese Cheese Burger Garden Burger French Fries	Hamburger on Bun Texas Toast Grill Cheese Cheese Burger Garden Burger French Fries	Hamburger on Bun Texas Toast Grill Cheese Cheese Burger Garden Burger French Fries	
Grill Special	Honey Dijon Grilled Chicken Sandwich	Pork Riblet Sandwich	Fish Sandwich	Chicken Patty Parmesan Sandwich	
Entrée Starch & Vegetable	Buffalo Chicken Nuggets Pasta with Vegetables and Walnuts Cajun Spiced Roasted Red Potatoes Sautéed Spinach	Parmesan Chicken Breast Penne Primavera with Vodka Sauce Citrus Rice Green Beans	Carved Roast Turkey Manicotti with Marinara Mashed Red Potatoes and Gravy Old Fashioned Sage Stuffing Mixed Vegetables	Meat Lasagna Cheese Ravioli Onion Strings Baby Carrots	
Pasta Station	Dip Your Own Pasta	Dip Your Own Pasta	Dip Your Own Pasta	Dip Your Own Pasta	
Fresh Food Market	Santa Fe Chicken with Cous Cous	Pasta with Broccoli Orecchiette	Caesar Chicken Salad	Crispy BBQ Ranch Chicken Salad	
Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	
Pizza Special	Broccoli Cheddar Pizza	Hawaiian Pizza	Meat Lovers Pizza	Quattro Formagio Pizza	
Asian Station	Chicken Fried Rice	Vegetable Lo Mein	Asian Pepper Steak	General Tso's Pork	