

# Kosher Kitchen

Week 3

sustainable • healthy • fresh



## LUNCH

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Entree Starch & Vegetable	Scrambled Eggs	Falafel Bar	Bagel Pizza	Macaroni & Cheese	Potato Knish	Hamburger	Cholent
	French Toast	Pita	Fish Sandwich	Grilled Cheese	Stuffed Peppers	Hotdogs	Sliced Deli Meats
	Home Fries	Hummus	Pasta Stir-Fry	Stewed Tomatoes	Sautéed Veggies	Veggie Burger	Assorted Salads
	Bagel Bar w/Lox	Shredded Lettuce Israeli Salad	Mixed Vegetables	Cajun Potatoes Green Beans		Fries Chili	

## DINNER

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soup	Vegetable Lentil	Chicken Noodle	French Onion	Beef Veggie	Chicken Rice	Matzo Ball	
Entree Starch & Vegetable	Sliced Brisket	Meat Balls in Sauce	BBQ Chicken	Chicken Fajita	Beef Stew	Balsamic Chicken	Smoked White Fish
	Pasta & Marinara	Pasta	Spanish Rice	Veggie Rice	Rice Pilaf	Chopped Steak	Sliced Deli Meats
	Seasoned Rice	Curried Veggie w/Chick Peas	Pasta Primavera	Veggie Stuffed Cabbage	Potato Pancakes	Scallop Potato	Assorted Salads
	Yellow Squash	Carrots	Sliced Carrots	Peas	Corn	Noodle Kugel Mixed Veggies	

