

Kosher Kitchen

Week 1

sustainable • healthy • fresh



LUNCH

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Entree	Scrambled Eggs	Baked Fish	Assorted Pizza	Assorted Pizza	Grilled Cheese	Hamburger	Cholent
Starch & Vegetable	Breakfast Burrito	Baked Potato Bar	Baked Ziti	Eggplant Parmesan	Tuna Melt	Hotdogs	Sliced Deli Meats
	Home Fries	Garlic Toast	Roasted Sweet Potato Wedges	Spaghetti in Marinara Sauce	Fries	Veggie Burger	Assorted Salads
	Bagel Bar w/Lox	Garlic Pasta Cauliflower & Cheese	Corn	Yellow Squash	Spiced Tofu Stir-	Fries	
						Chili	

DINNER

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soup	Minestrone	Potato	French Onion	Beef Barley	Seafood Chowder	Matzo Ball	
Entree	Chicken Cacciatore	Sloppy Joes	Shawarma Pita Sandwich	Chinese Tilapia	Pepper Steak	Baked Chicken	Smoked White Fish
Starch & Vegetable	White Rice	Tuna Casserole	Fries	Lo-Mein	Garlic Rice	BBQ Brisket	Sliced Deli Meats
	Mushroom & Noodles	Fries	Veggie Egg Rolls	Rice Pilaf	Vegetable Ragout	Roasted Potatoes	Assorted Salads
		Corn	Mixed Vegetables	Corn	Green Beans	Baked Ziti	
						Baby Carrots	